

Production Wellness

Flexible wellbeing and recovery support designed around the demands of your production — because every role matters.

Everyone Included

A successful production relies on hundreds of people doing very different jobs. From the actor in front of the camera to the person behind the lighting rig, every role contributes to bringing the production to life.

Nothing too small · Nothing too large · Nothing overlooked

During the Shoot

Premium Talent & Key Personnel Care

Short, discreet wellbeing appointments that work around filming

Where production schedules allow, LottiluxeLifestyle provides 15–30 minute recovery appointments for actors, lead talent, directors, producers and heads of department. Longer 45–60 minute sessions can be arranged when schedules permit.

- Neck & shoulder reset
- Back recovery
- Scalp & facial relaxation
- Hand & forearm recovery
- Lower-leg & foot recovery
- Mobility reset
- Breathwork & mindfulness
- Signature recovery treatments

Every treatment is adapted to the person's role and immediate requirements.

End-of-Day Reset

A Moment to Switch Off Before Going Home

Broader wellbeing access without interrupting the working day

Particularly valuable following long shooting days, physically demanding scenes, night shoots, location work or consecutive filming days.



RECOVER

- Short massage & tension release



RESET

- Neck, shoulders, back, hands, legs & feet



BREATHE

- Guided relaxation & mindfulness



HYDRATE

- Water & hydration support



FUEL

- Recovery nutrition & refreshments



MOVE

- Gentle mobility & stretching

The objective isn't to keep people at work longer — it's to help people leave work feeling better than when they arrived. Available to selected departments, key personnel or the wider team.

End-of-Shoot Crew Care

The Lottiluxe Crew Reset

A dedicated wellbeing event for the whole production team

When filming concludes, the entire team has an opportunity to access the LottiluxeLifestyle experience. Because the camera operator matters. The wardrobe team matters. The runner matters. The caterer matters. The person rigging lights at 5am matters.



RECOVERY STATION

- Seated massage
- Neck & shoulder release
- Back reset
- Hand & forearm recovery
- Leg & foot recovery



RESET STATION

- Breathing & mindfulness
- Relaxation
- Gentle stretching
- Mobility



HYDRATION STATION

- Water & electrolyte options
- Hydration education
- Reusable options where practical



FUEL STATION

- Nutritious refreshments
- Practical recovery food
- Healthy snacks
- Nutrition guidance

The exact programme is designed according to crew size, available space and budget. Departments experiencing significant physical demands — lighting, grip, camera, sound, art, construction, wardrobe, hair & makeup, locations, catering, transport and runners — receive recovery options specifically designed for their requirements.

Choose Your Level of Support

Flexible by Design

LottiluxeLifestyle is not a one-size-fits-all service. Choose the level that fits your production.

OPTION A

Talent & Key Personnel

OPTION B

End-of-Day Reset

Premium 15–30 minute appointments during production, with selected 45–60 minute sessions where schedules permit.

Optional wellbeing support at the end of selected production days. Available to agreed departments or wider teams.

OPTION C

End-of-Shoot Crew Care

A dedicated wellbeing experience for the wider production team. Everyone included.

OPTION D

Complete Production Partnership

A bespoke combination of talent care, end-of-day reset and crew care — with hydration, nutrition, recovery and specialist pathways built in.

The Lottiluxe Approach

Listen

Assess

Adapt

Deliver

We don't arrive with a predetermined package. We understand the production's schedule, crew, locations and priorities — then build the programme around them. A small independent production may need something completely different from a large studio shoot. Our service scales accordingly.

"They actually thought about people like me."

Not just the lead actor. Not just senior management. Not just the names on screen. Everyone — because a production is only as strong as the people who make it happen.

Ready to discuss how LottiluxeLifestyle can support your next production?

GET IN TOUCH

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